



2023 RESOLUTION MENU

Vegan & Vegetarian 13.95

Vegan Avocado Toast

Rye, avocado, tomato, fresh spinach, micro greens, balsamic with side of fresh fruit

Avocado Bird's Nest (vegetarian)

Everything bagel, avocado spread, poached egg, teardrop tomato salad with side of fresh fruit

Sweet Potato & Black Bean Burrito (vegetarian)

Sweet potatoes, black beans, scrambled eggs, ancho glaze, spinach & herb wrap, avocado

Keto & Low Carb 14.95

Keto Avocado Cups

Avocado halves stuffed with chorizo, pico de gallo, shredded cheddar jack cheese, crema with a side of cauliflower mash

Keto Signature Hash

Zucchini, squash, onions, green peppers sauteed in butter, corned beef, topped with 2 eggs, avocado and chipotle hollandaise

Chicken Cranberry Bangers & Cauliflower Mash (low carb)

Chicken cranberry sausage, cauliflower mash, sweet Vidalia gravy and side of sauteed spinach

Skinny Lattes 5.75

Skinny Signature House Latte

Sugar free vanilla and sugar free caramel syrups, skim milk

Skinny Mocha Mexicana

Sugar free chocolate syrup, cinnamon, skim milk

Skinny Cocktails & Hard Coffee 10

Berry French 75

Gin, fresh lemon juice, strawberry syrup, champagne, fresh berries

Keto Vanilla Russian Coffee

Vodka, organic coffee, sugar free vanilla syrup, heavy cream

